

32nd SCHMS

Scientific Congress of
Hellenic Medical Students

ΕΣΦΙΕ



2nd MedAthlon & “Docs on the Run!” Guide

24-26
APRIL

2026

IOANNINA
Hotel Du Lac

20th FORUM
*of Medical Students
& Junior Doctors
with International
Participation*

30th Olympiad
of Medical Knowledge



Greetings

Dear fellow medical students,

It is our great pleasure to welcome you to the **32nd SCHMS and the 20th Forum of Medical Students and Junior Doctors with International Participation**, taking place in Ioannina from April 24–26 at the Hotel Du Lac Congress Center & Spa. As part of this event, the **2nd Medathlon** will be hosted for the second consecutive year!

This Handbook has been thoughtfully prepared to provide you with all the essential information regarding your participation in the **volleyball and soccer tournaments**, as well as the “**Docs on the Run!**”, which will be held during the conference.

We hope that the details outlined herein are clear and easy to follow. We wish you every success in the competitions and eagerly anticipate your active participation!

On behalf of the **Special Projects** team of the 32nd SCHMS,

Vangelis Stefanidis & Kalliopi Fourkioti

Heads of Special Projects, 32nd SCHMS



1. General Information

Introducing Medathlon & Docs on the Run!

Medathlon is a **volleyball and soccer tournament** bringing teams from the seven Medical School departments across Greece together in friendly competition, celebrating teamwork, sportsmanship, and the **connection between medicine and sport**. The tournament will take place during the 32nd SCHMS and the 20th Forum of Medical Students and Junior Doctors with International Participation. We are delighted to announce that, for the first time, **participants of the 20th Forum** will have the opportunity to **join the tournament** with their own team, the **FORUM team!**

Additionally, for the first time, this year's program will feature the **“Docs on the Run!”**, a 5-kilometer route following a scenic path alongside the idyllic Lake Pamvotis, right in the heart of Ioannina. This unique initiative invites delegates to take part in a memorable athletic journey through a serene natural setting, celebrating the joy of movement, active participation, and personal well-being!

Team Composition

The seven Medical School departments are invited to register **two separate teams**: one for the **volleyball** tournament and one for the **soccer** tournament. For the first time, the 20th Forum will also participate with two independent teams -a volleyball team and a soccer team- so that each delegate competes in only one sport. Teams will include both male and female participants, and the **captain** will serve as the **main point of contact** with the Organizing Committee.

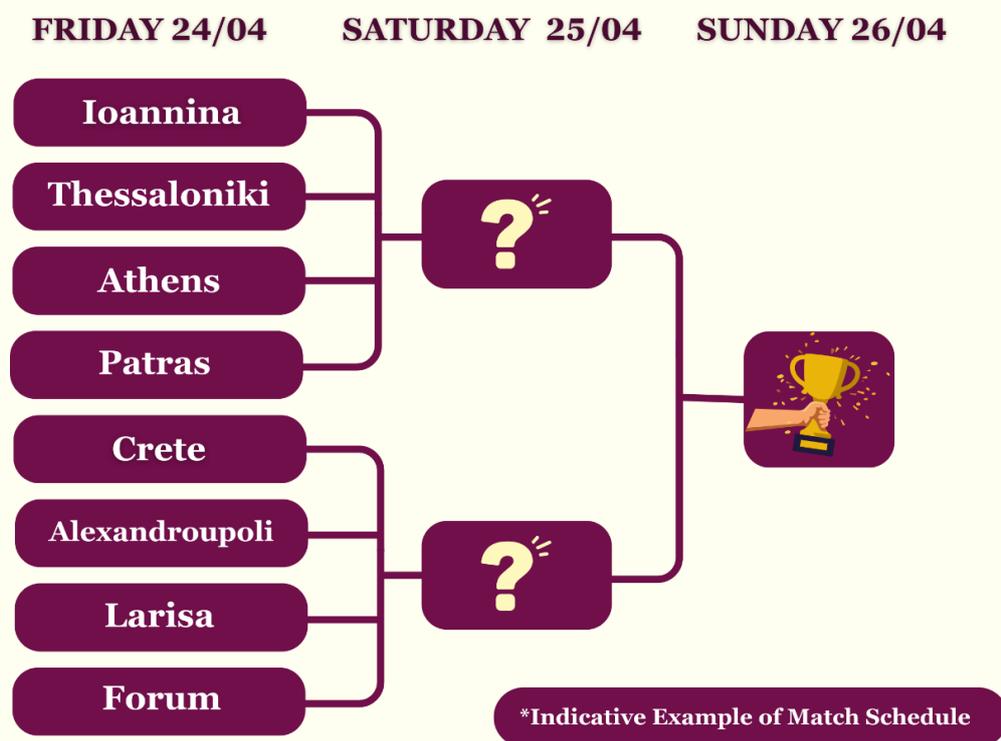
The **“Docs on the Run!”** along Lake Pamvotis is open to **individual delegates**, offering everyone the chance to participate regardless of team registration.



Competition Format

The volleyball and soccer tournaments will be organized in a **knockout format**, in which each match determines the teams that progress to the subsequent round. Following a **live draw**, four pairs of teams will be formed for the quarterfinal matches.

The diagram below provides an **illustrative example** of the knockout format and does not represent the final draw.



Tournament Participation and Conference Attendance

Participation in the tournaments, as well as in the “Docs on the Run!”, **will be counted toward the total conference attendance time.**



2. Volleyball Tournament

Match Format

Each team participating in the volleyball tournament may have **up to 12 players** and **must be mixed**, consisting of both male and female participants. During the match, **six players** from each team will be on the court at a time, with substitutions allowed. Matches will be played in **two sets of 15 points** each; **in the event of a tie, an additional set of 10 points will be played**. Each set requires a minimum two-point difference to win, with a maximum of 18 points for regular sets and 12 points for the tie-break set. **The grand final** will consist of **three sets of 21 points**, with an additional tie-break set of 15 points if necessary. A three-minute break will be held between each set.

3. Soccer Tournament

Match Format

Each football team may consist of **up to 18 players** and can be **mixed**, including both male and female participants. **quarterfinal and semifinal matches** will be played with **seven players per side (7x7)**, while the **grand final** will feature full teams of **eleven players per side (11x11)**. Regular matches last 50 minutes, divided into two halves of 25 minutes with a 5-minute break at halftime. The grand final lasts 70 minutes, with two halves of 35 minutes and a 5-minute halftime break. In the event of a tie, the winner will be determined by a penalty shootout.



4. Match Schedule and Venue

All **volleyball** matches will take place at the **Epirus Sport & Health Centre**. The four quarterfinals are scheduled for Friday, April 24th at 14:30, followed by the two semifinals on Saturday, April 25th at 20:00. The final will be held on Sunday, April 26th at 14:30.

Soccer matches will also be held at the **Epirus Sport & Health Centre**. Quarterfinal matches will take place on Friday, April 24th at 14:30, the semifinals on Saturday, April 25th at 20:00, and the grand final on Sunday, April 26th at 14:30.

To facilitate delegates' attendance, **free complimentary shuttle buses** will operate between the Hotel Du Lac Congress Center & Spa and the sports facilities. Bus schedules will be shared in advance, allowing all participants to plan their presence accordingly.

5. Docs on the Run!

Experience the beauty of **Lake Pamvotis** while staying active at “**Docs on the Run!**”, a 5-kilometer run along the scenic pedestrian and cycling path. The run starts right outside the conference venue, offering participants stunning lake views from start to finish.

Organized in collaboration with **Ioannina Lake Run**, the event guarantees a safe, well-marked course for runners of all levels.

This isn't just a run - it's a chance to connect with fellow students and young doctors. After crossing the finish line, participants are invited to a **Post-Run Hangout** by the lake, providing the perfect setting to relax, socialize, and network in a friendly atmosphere!

Join us on **Friday, April 24th, at 14:00**, and make the most of this unique combination of exercise, nature, and community.



6. How to Participate

All delegates registered for the 32nd SCHMS and the 20th Forum are welcome to join the events. Registration will be open through an **online form**, which each Medical School department will share in advance with all interested participants.

For **delegates of the 20th Forum**, the registration forms will be available **via the Forum's official social media platform** and the **conference website**, making it easy for everyone to secure their spot.

Winners' Awards

The Closing Ceremony of the conference will announce the winners of the volleyball and football tournaments. Awards will be presented to the top teams and all participants, honoring their effort, commitment, and sportsmanship throughout the events.

Certificate of Participation

Once the conference concludes, every participant will be issued an electronic Certificate of Participation, acknowledging their active involvement in both the tournaments and the "Docs on the Run!".

7. Contact

For any questions or issues regarding the 2nd Medathlon or the "Docs on the Run!", the Conference Organizing Committee is available to assist all participants. You can contact us at: special.projects@32esfie.gr

For continuous updates on the 32nd SCHMS & the 20th Forum of Medical Students and Junior Doctors with International Participation, you can follow us on social media:

- Facebook: <https://www.facebook.com/32esfie>
- Instagram: <https://www.instagram.com/32.esfie/>
- Website: <https://www.32esfie.gr/index.php/el/>

Wishing everyone the best of luck!

The Special Projects Organizing Committee